

# North Carolina Medicaid — MEDICATION THERAPY MANAGEMENT PROGRAM (MTMP)

*The recipient's pharmacist and primary care physician must review the recipient's medication profile every three months to ensure clinically appropriate and cost-effective use of drug therapy and to optimize patient specific therapeutic outcomes. NC DMA has created a MTMP form (2 pages) to assist in the documentation of this process.*

## *Step 1: Complete MTMP Patient Medication Profile Form (page 1)*

- Reviewing Pharmacy
- Fill in all requested recipient and primary care physician (PCP) information and recipient's active drug profile, inclusive of OTC, and non-routine (e.g., PRN) medications.
  - Pharmacy may substitute their pharmacy computer generated medication profile if it contains all of the necessary information, including medication-related diagnosis.
- Sign and date MTMP Patient Medication Profile form.

## *Step 2: Complete MTMP Medication Review Communication Form (page 2)*

- Reviewing Pharmacist
- Fill in recipient, pharmacy, and PCP demographic information.
- Review recipient's medication profile and document medication-related problems and cost-effective alternatives identified.
- Document recommended plan of action for every medication-related problem and/or cost-effective alternative identified.
- Document any recipient specific education provided.
- Document any additional comments.
- Sign and date MTMP Medication Review Communication form.

## *Step 3: Reviewing Pharmacy — Fax MTMP form, including the Patient Medication Profile form and Medication Review Communication form, to the recipient's PCP.*

## *Step 4: PCP Review*

- Review MTMP Patient Medication Profile and Medication Review Communication.
- Document a response for each medication-related problem and/or cost-effective therapy recommendation.
- Document any additional comments and/or follow-up actions as part of the MTMP review.
- Sign and date the Medication Review Communication form, to assure compliance with the frequency of review and agreement on actions undertaken.
- Return MTMP forms, including the Patient Medication Profile form and Medication Review Communication form, to the reviewing pharmacy.

## *Step 5: Reviewing Pharmacy*

- Review and implement medication therapy management recommendations agreed upon with the PCP.
- Follow up with necessary recipient education and PCP communication.
- Retain copies of the signed documentation and MTMP Form(s) on file in the pharmacy for five years.
- If the PCP refuses to sign the MTMP form, the pharmacy must document this on the form. The name of the PCP who refused to sign and the reason for the refusal must be stated.